

Kay Rowe Nursery School



Together a better future

Newham London

Teach touch  
and massage as  
communication

# Baby Massage and Baby Yoga

**Forest Gate Children's Centre – Kay Rowe**



**4 weeks Baby Massage followed by 3 weeks Baby Yoga**  
**Every Thursday starting 17, 24 Jan, 7, 14 Feb**  
**14, 21 and 28 Mar**  
**11am -12pm**

**Booking Required**

**Contact Farida Jasat: 0208 534 4403**



May enhance  
parent-child  
attachment  
and