



Positive Parenting Programme

FREE

GROUP SESSIONS

Do you have children aged 2-11 years? A Positive Parenting Programme group session could help you be a better parent. Groups discuss how parents can work with their children using tried and tested parenting techniques.

Groups consist of four or five sessions, at a school or Children's Centre, three pre-arranged telephone calls from a Triple P practitioner at a time convenient to you, plus a follow-on meeting.

Sessions help parents/carers to think about how they are bringing up their children and ways to make changes.

A session will be running at:

VENUE: Maryland Children's Centre

TIME: 1pm-3pm

DATE: Thurs 18, 25 Jan, 1, 8 Feb and 1 Mar 2018

Crèche: Free, but booking required



For more information please contact:



Kay Rowe: Ana 0208 534 4403

Maryland: Osita 0208 534 8351

