

One-to-One Counselling

Woman's Trust, together with Newham Workplace, are offering free counselling for women who have experienced domestic abuse who live in Newham and are receiving Universal Credit.

To access the counselling, women will need to register with Newham Workplace by emailing: Project.evolve@newham.gov.uk

Woman's Trust is a specialist domestic abuse counselling service for women.

Once you have been successfully registered, women will then be referred to Woman's Trust for up to 18 weeks of counselling.

All counselling is done over the telephone at the moment and women will need a safe, confidential space to be able to access this.

All women must be able to work in English.