

Dads group

nct
Parents
in mind

Newham

Dad to an unborn baby/child under two?

Want to chat?

Enhance your wellbeing?

Come and connect!

We offer inclusive, informal info and support.

Don't book, just turn up.

Social Events

Short Q&A with local wellbeing/parenting professional, followed by casual conversation and refreshments.

Last Tuesday of every month.
25th July, 29th August, 26th September,
31st October, 28th November.

Location:

Durning Hall Community Centre
Earlham Grove, London E7 9AB

Time:

7.30pm – 9pm

Park Walks

Informal stroll and chat, with our trained dad volunteers who recognise the challenges of parenting.

Second Saturday of every month.
8th July, 12th August, 9th September,
14th October, 11th November, 9th December.

Location:

West Ham Park

Upton Lane, London E7 9PU
Ham Park Road entrance
(opposite Margery Park Road)

Time: 10am – 11.30am



For more information scan the QR code

Email: Parentsinmind.newham@nct.org.uk

