

Weekday evening support line for families with children 0-5 years

Now with extended hours for the phone line of 5-10pm, Monday-Friday.



To support you over winter with common childhood illnesses, you can now call us to speak to our nurse on **0203 373 9983** between 5-10pm, Monday-Friday.

In an emergency contact **111** or **999**

newham.gov.uk

We can offer advice on:

- Crying baby
- Rashes
- Temperature
- Baby not sleeping well
- Feeding support
- Cough and colds
- Colic



WE ARE NEWHAM.