






Forest Gate Children's Centre - Kay Rowe and Maryland

Activity Calendar 1st – 31st May 2024

All our sessions are subject to change according to our availability and guidance from the local authority

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Stay and Play (1-4years) 10:00am - 11:30am 13, 20 May Kay Rowe</p> <p><u>First 25 children only</u></p> 	<p>ASQ-3 (24 months) Health Review By invitation only from your Health Visitor Kay Rowe</p> <p>Little Talkers Strategies to support your child's communication development 10:15am- 11:00am Maryland <u>By appointment only</u></p> <p>E-PaTS Parent Support Programme 9:30am- 11:30am Maryland <u>By appointment only</u></p>	<p>Child Advisory Clinic (Baby-well clinic) 9:30am - 11:30am 8 May Kay Rowe</p> <p>Stay and Play (1-4years) 10:00am - 11:30am 1, 15, 29 May Kay Rowe</p> <p><u>First 25 children only</u></p> <p>Childminders Stay and Play 9:30am-11:30am 22 May Kay Rowe Contact Louise 07903056764</p>	<p>Connect with me 2, 9, 16, 23 May Kay Rowe <u>By invitation only</u></p> <p>Stories and Rhymes 9:30am-10:15am 2, 9, 16, 23, 30 May Gate Library</p> 	<p>Dads Stay and Play Parents in Mind 10:00am - 11:00am 3 May Kay Rowe Contact Imran 07542127813</p> <p>Stay and Play Cooking 10:00am-11:15am 10, 17, 24, 31 May Kay Rowe <u>Booking required</u></p> <p>Stay and Play Messy 10:00am - 11:00am 3, 10, 17, 24 May Maryland</p> <p><u>First 15 children only</u></p>	<p>Gardening Project 10:30am- 12:30pm 18 May Kay Rowe</p> <p>Family Time 10:30am- 12:30pm 4 May Kay Rowe For children with additional needs Contact Josie 07931554972</p>
<p>Stay and Play Baby Sensory (Babies under 1yr only) 1:30pm - 2:30pm 13, 20 May Kay Rowe</p> <p><u>First 15 babies only</u></p>	<p>Stay and Play (1-4 years) 1:00pm-2:30pm 28 May Kay Rowe <u>First 25 children only</u></p> <p>Stay and Play (1-4 years) 1:00pm-2:30pm 7 May Maryland <u>First 15 children only</u></p>	<p>SEND Stay and Play 1:00pm - 2:30pm 1, 8, 15, 22, 29 May Kay Rowe</p> <p>For children with additional needs Contact Josie 07931554972</p>	<p>Parents in Mind (0-2yrs) 1:00pm - 2:30pm Kay Rowe Talk and support mum to mum Contact Carol 07525403673</p> <p>Community Garden 1:30pm - 2:30pm 2, 9, 16, 23, 30 May Community Garden Earlham Grove E7 9AS</p>	<p>Stay and Play Messy 1:00pm- 2:00pm 3, 10, 17, 24, 31 May Kay Rowe</p> <p><u>First 12 children only</u></p> <p>Stay and Play Baby Sensory (Babies Under 1 yr only) 1:30pm - 2:30pm 3, 10, 24 Maryland</p> <p><u>First 10 babies only</u></p> 	

Kay Rowe Children's Centre - Osborne Road E7 0PH

Telephone: 0208 534 4403 / 07931554993

Website: www.kayrowe.newham.sch.uk

Maryland Children's Centre - Buxton Road, E15 1QX

Telephone: 0208 534 8351

Email: info@kayrowe.newham.sch.uk

Your Local Community



Accessing free 15 hours child care for 2 year olds.

Are you eligible?

For further assistance and information please contact

0208 534 4403



Out and About

- ⇒ Wanstead Park - Warren Road, E11 2LS
- ⇒ Olympic Park - Stratford E20
- ⇒ Forest Gate Community Garden
136 Earlam Grove, E7 9AR

Free Vitamins

You can pickup from:

Kay Rowe CC: Mon 10am-12pm
Thurs 1pm-3pm

From 1st April Mon, Wed, Thurs 10am-2.30pm

Maryland CC: Tues and Fri
10am-3pm

Please call before you come to check availability.



We may have to cancel sessions from time to time, due to circumstances beyond our control.

We will notify parents and carers through our texting service.

So please contact us if you would like to register for this service. 0208 534 4403

Local Food Banks

Your local food banks in E7 & E15

- ⇒ Abdullah Aid
Address: 81 Upton Lane, E7 9PB
Tel: 0208 279 0166
- ⇒ Woodgrange Baptist Church
Address: 345 Romford Road, E7 8AA
Tel: 0208 555 9880
- ⇒ Newham Community Project
Address: Katherine Road, E7 8PP

!!IMPORTANT INFORMATION!!

- * All sessions will be on first come first served basis
- * There will be a cap on number of entries
- * No entry 15mins after session starts

If you are not registered with FGCC please use the link below to register

https://newham-self.achieveservice.com/service/Best_Start_in_Life_Registration

